


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:00	<p>AKKA Karate USA - Westport Class Schedule</p> <p>All morning classes are for adult students only. Classes are scheduled as standing appointments.</p> <p>If you can not make your scheduled class, please give us a courtesy call to reschedule: (816) 756-1340.</p> <p>AKKA Karate USA - Westport 4030 Broadway, KCMO 64111 akkawestport@gmail.com</p> 					8:00 – 8:50 Tai Chi	
8:30			8:30 – 9:30 Qi gong/Tai Chi	8:30 – 9:30 Adult Green - Black	8:30 – 9:30 Qi gong/Tai Chi		
9:00						9:00 – 10:00 Advanced Green - Black	
9:30							
10:00			9:45 – 10:45 Kenpo All Ranks		9:45 – 10:45 Kenpo All Rank		
10:30						10:00 – 11:00 Kenpo All Ranks	
11:00					10:30 – 11:30 Group Meditation	11:00 – 11:50 Theoretical Class 1st Fri of mo - prereq. required	11:10 – 11:45 Little Dragon
11:30							11:30 – 1:00 STORM
12:00				12:00 – 1:00 Qi gong/Tai Chi		12:00 – 1:00 Qi gong/Tai Chi	
12:30							
1:00							

4:30			4:30 – 5:30 Kenpo Orange - Black			
5:00						
5:30		5:30 – 6:15 Junior Wt. - Gold	5:30 – 6:20 Adult Wt. - Gold	5:30 – 6:15 Junior Wt. - Gold	5:30 – 6:20 Adult Wt. - Gold	5:30 – 6:30 Kenpo Green - Black
6:00	5:45 – 6:45 Junior All Ranks	6:15 – 6:50 Little Dragon	6:00 – 7:00 Kenpo White/Gold	6:15 – 6:50 Little Dragon	6:30 – 7:30 Kenpo Orange - Black	6:30 – 7:30 Kenpo White - Blue
6:30						
7:00						
7:30	7:00 – 8:15 Kenpo Adult/All Ranks		7:00 – 8:15 Kenpo Orange-Black			
8:00		7:45 – 8:45 Adult Green - Black		7:45 – 8:45 Adult Green - Black		
8:30						
9:00	8:20 – 9:15 Advanced Tai Chi					

Courtesy Guidelines

Courtesies allow us to provide an environment of respect and focus. Please observe all deck rules while on deck (see below):

- A** The deck area is for deck training only.
- B** Uniform must be clean, and worn properly to each class.
- C** Do not interrupt or interfere with lessons in progress, even when in the waiting area.
- D** Seek permission from an instructor to enter a class that has already begun.
- E** Address all instructors and fellow students as Mr, Ms, Sir or Ma'am.
- F** Drinks must be in spill-proof containers and kept off the mat.
- G** No gum, candy, or food chewing on the mat.
- H** All sparring must be supervised. Use equipment with care and safety.

Always display polite and respectful behavior on and off the deck.